

MENTAL WELLNESS POST COVID-19

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NOTE: *Actual studied ingredients mentioned in this paper*

Saffron is affron® from Pharmactive

Sage is Sibelius™: Sage from Sibelius™ Natural Products

Ashwagandha is Sensoril® from Natreon Inc.

Kanna is Zembrin® from HG&H Pharmaceuticals

Lactium is Lactium® from ingredia NUTRITIONAL

Bacopa from Synapsa from PLT Health Solutions

Green oat is Cognitaven® from Anklam Extrakt GmbH

Chamomile is Sibelius™: Chamomile from Sibelius™ Natural Products