

Thymus vulgaris L. dry powdered extract 0,30% thymol

THREE MAIN REASONS TO CHOOSE THYMOX-EPO:



Manufacturing process entirely made in Italy

Full traceability from the field to the final packaging

Production chain checked at every step

Accurate quantification of bioactive compounds by sophisticated analytical methods

Compliance with EU legislation on Food and Food Supplements



Botanical species certified by DNA barcoding analysis

No harmful solvent used in the manufacturing process



Two pre-clinical studies proving a double effect: anti-inflammatory for the respiratory system and expectorant



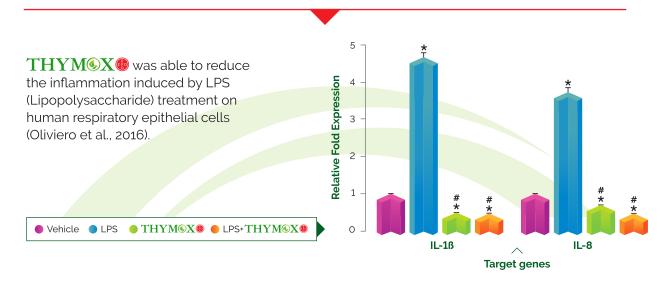
Thyme is a well-known Mediterranean plant, belonging to the *Lamiaceae family*.

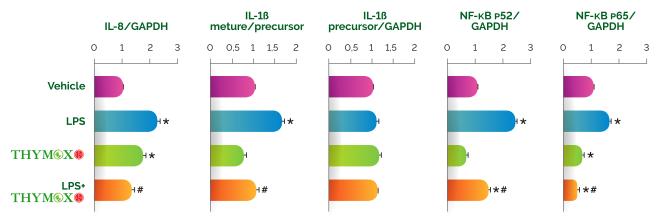
Thyme has been traditionally used since ancient times as a natural remedy for cough and for many other purposes, as digestive, spasmolytic, carminative and antioxidant.

The actives are mainly concentrated in the aerial parts, collected at blooming time.

Thyme contains essential oils (as thymol), tannins, flavonoids and triterpenes.

ANTI-INFLAMMATORY ACTIVITY

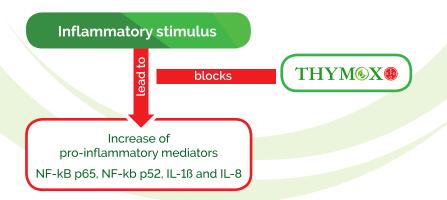




THYM®X® SHOWS ANTI-INFLAMMATORY EFFECTS BY DECREASING:

o pro-inflammatory mediator proteins as NF-kB p65 and NF-kB p52

o pro-inflammatory cytokines IL-1ß and IL-8, at both mRNA and protein levels.



Thymox-EPO is a dry powdered extract, obtained from *Thymus vulgaris* L. aerial parts by hydro-alcoholic extraction. Thymox-EPO is standardized to contain 0.30% thymol. The botanical species is certified by DNA barcoding analysis. The efficacy of Thymox-EPO is based on pre-clinical evidence, proving its double effect as an anti-inflammatory and expectorant agent; that makes Thymox-EPO suitable for respiratory tract inflammations, asthma, dry and productive cough.

EXPECTORANT ACTIVITY

The Respiratory Epithelium The respiratory tract has epithelial cells Movement of mucus to the pharynx characterized by cilia on the surface. The expectoration consists in the movement Particulate of mucus through the respiratory tract Mucus cell thanks to an efficient beating of the cilia, Mucus layer a Ca2+-mediated mechanism. Cilia Ciliated columnar epithelial cell Stem cell Lamina propria Bsement membrane 12 Cilia beating frequency (Hz) 10 cAMP (pmoli/ml) 5 8 4 T1h 1H 3 T12h 2 24H T24h 1 W.O. T24h 0 THYM • X • vehicle Sal YM976 Isopr vehicle THYM®X® increases **Increases** increases Ca2+ influx & **MUCUS** THYMOX extracellular ciliary decreases **EXPECTORATION** beating **cAMP** extracellular level frequency Ca2 level 120 vehicle Treatment Time (p<0,05) 100 GSK GSK T1,T3,T5,W.O. 80 НС T5 HC. IONO T1,T3,T5 60 THYM®X T3,T5,W.O THYM®X® 40 THYM®X®+HC T3,T5 TO ТЗ W.O. ■ THYM®X® +HC

Thymox-EPO helps the mucus clearance by increasing the frequency of beating and therefore acting on the efficiency of cilia movements

time (minutes)

cAMP level was calculated by evaluating the effect of conventional drugs (Salmeterol, YM976, Isoproterenol) and Thymox vs a control (vehicle) at different time (1h, 12h, 24h); *p < 0.05 vehicle vs treatments. Ca²⁺ level was calculated as % of RFU (relative fluorescent units) vs vehicle, by evaluating conventional drugs (GSK1016790A, HC067047, Ionomycin) and Thymox at different time (1m, 3min, 5min and Wash Out).



Our Quality Your Safety

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THYM®X® technical datasheet is available at www.eposrl.com

REFERENCES:

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2. Oliviero M, Romilde I, Morelli MB, Valisi M, Nicotra G, Amantini C, Cardinali C, Santoni G, Maggi F, Nabissi M. Evaluations of thyme extract effects in human normal bronchial and tracheal epithelial cell lines and in human lung cancer cell line. Chem Biol Interact. 2016 Aug 25; 256:125-33.

3. Nabissi M, Oliviero M, Morelli MB, Innarelli R, Nicotra G, Amantini C, Santoni G, Maggi F. Regulation of mucociliary beating frequency, by thyme extract in primary cell lines derived from patients affected by chronic obstructive pulmonary disease. Report 2017.